



# 2018 BIG WEST CROSS COUNTRY

Big West Conference - 2 Corporate Park, Suite 206, Irvine, CA 92606

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### Big West At A Glance

The first weekend of October is greeted with a light cross country slate as only Hawai'i is in action this weekend. With just three weeks remaining until the Big West Championships, teams will have just one more major meet weekend to prepare for the league meet.

The Rainbow Wahine will remain on the islands for the Hawai'i Pacific Invitational on the North Shore of O'ahu. The UH-hosted event will be held at the Kahuku Golf Course, site of the 2016 Big West Championships. The 'Bows will compete in the 5K across the course against regional competition.

### AROUND THE BIG WEST

• Cal Poly had an excellent run of things at the Stanford Invitational last weekend, picking up a pair of top five finishes in the team competitions. The women's team picked up a fifth place finish in the talented 6K field, led by junior Miranda Daschian's 11th place finish in 21:17.8. Sophomore Abbey Fisk gave the squad a second finisher in the top 25, crossing the line at 21:43.3 which was good for 25th. The Mustang men came through with a fourth place showing after everyone completed the 8K course. Sophomore Justin Robison also finished in 11th to lead the men, crossing the finish line in 24:29.4. He was one of three Cal Poly runners to finish in the top 20, joined by sophomore Jake Ritter (17th - 24:40.2) and junior Evan Jameson (20th - 24:48.6).

• UC Davis traveled a short distance to the Capital Cross Challenge but the Aggie women made the trip notable as they came away with the team title. The squad was led by freshman Eva Goodisson in seventh place at 21:35.9 over the 6K, the second consecutive week the first-year runner was the top UCD finisher. Junior Julia Lemak was right behind Goodisson in 8th place at 21:36.8, giving the title-winning Aggies two runners in the top 10.

• Two schools headed to the Midwest for meets last weekend as Cal State Fullerton competed in the Roy Griak Invitational and UC Riverside in the Joe Piane Invitational.

The Highlanders hit the course first, competing in an event hosted by Notre Dame in South Bend, Ind. UCR was led by sophomore Jonathan Lee's 32nd place finish over the 8K course, crossing the finish in 25:27.11. The women's 5K course saw freshman Vanessa Gracian led the way for UCR as she finished 48th in 18:40.38.

The Titans found themselves in St. Paul, Minn., for their competition, hosted by the University of Minnesota. On a day the temps hovered in the low 40s, CSF performed well amongst a talented field. The women's team was led by sophomore Trinity Ruelas who finished 12th overall in the 6K, crossing the finish in 21:47.9. Her junior teammate Samantha Huerta also ran well in her first race of the season, finishing in 15th at 21:51.1. The men's squad was led by senior Sam Pimentel with an 8K time of 25:15.0, good for 25th place.

• The updated regional rankings have a Central Coast representation for the Big West as Cal Poly appears on both lists. The Mustangs have the 8th ranked women and 10th ranked men.

### BIG WEST CELEBRATING 50/35

The 2018-19 season marks the 50th anniversary for men's sports in the Big West Conference, and the 35th for women's. All season long, the Big West Conference will celebrate the history of all conference sports. Join us as we pay homage to the student-athletes, coaches, staffs, communities and fans who have helped pave the way.

• 1983 marked the first women's championship in PCAA history, but that year also saw a bit of history in the men's race. That year UCI runner Mark Ruelas won the men's 10K race in 29:43.5, marking the second consecutive year he had won the race with a sub 30-minute time. He became just the third runner to repeat as champion and the first to complete the 10K with a sub 30-minute finish in back-to-back years. His time was also the best since 1975 when Jim Sweeney of UNLV crossed the finish in 29:37.0.

• After a three-team competition in year 1, the second year of PCAA women's competition had the spirit of aloha as Hawai'i joined the league. The Rainbow Wahine would finish third in their inaugural season but would not win the title before leaving the conference following the 1995 season. That year was also the first time Hawai'i posted a runner in the top 10 as Dianna Cervantes finished in a tie for third in 18:27.0.

### Big West Athletes Of The Week

MEN				WOMEN			
Date	Athlete	School	Year	Date	Athlete	School	Year
9/3	Nick Randazzo	UCSB	So.	9/3	Miranda Daschian	CP	Jr.
9/17	Michael Merchan	CSUN	Sr.	9/17	Katie Camarena	UCSB	Jr.
	Nick Randazzo	UCSB	So.	9/24	Eva Goodisson	UCD	Fr.
9/24	Jordy Ceja	UCD	Sr.	10/1	Miranda Daschian	CP	Jr.
10/1	Justin Robison	CP	So.	10/15			
10/15				10/22			
10/22							

### USTFCCCA - West Region (Week 4)

Men	Women
1. Portland	1. Boise State
2. Stanford	2. Oregon
3. Washington	3. Stanford
4. Boise State	4. Washington
5. Oregon	5. Portland
6. Washington State	6. Oregon State
7. UCLA	7. UCLA
8. Gonzaga	8. Cal Poly
9. San Francisco	9. Idaho
10. Cal Poly	10. California
11. San Jose State	11. San Francisco
12. California	12. San Jose State
13. Pepperdine	13. Cal Baptist
14. Arizona	14. Washington State
15. Idaho	15. Portland State

## Big West Conference Cross Country

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### 2018 Big West Cross Country Composite Schedule (as of 9/26/18)

#### Saturday, September 1

**Cal Poly** at Mark Covert Classic (Brea, Calif.)  
**Cal State Fullerton** at Mark Covert Classic (Brea, Calif.)  
**CSUN** at Mark Covert Classic (Brea, Calif.)  
**Long Beach State** at Mark Covert Classic (Brea, Calif.)  
**UC Davis** at Mark Covert Classic (Brea, Calif.)  
**UC Irvine** at Mark Covert Classic (Brea, Calif.)  
**UC Riverside** at Mark Covert Classic (Brea, Calif.)  
**UC Santa Barbara** at Mark Covert Invitational (Fullerton, Calif.)  
**Hawai'i** at Big Wave Invitational (Kahuku, O'ahu)

#### Saturday, September 15

**Cal Poly** at UCSB Lagoon Open (Goleta, Calif.)  
**Cal State Fullerton** at UCSB Lagoon Open (Goleta, Calif.)  
**CSUN** at UC Riverside Invitational (Riverside, Calif.)  
**Long Beach State** at UC Riverside Invitational (Riverside, Calif.)  
**UC Irvine** at UC Riverside Invitational (Riverside, Calif.)  
**UC Riverside** at UC Riverside Invitational (Riverside, Calif.)  
**UC Santa Barbara** at UCSB Lagoon Open (Goleta, Calif.)  
**Hawai'i** at UC Riverside Invitational (Riverside, Calif.)

#### Friday, September 21

**UC Davis** at Bill Dellinger Invitational (Eugene, Ore.)

#### Saturday, September 21

**UC Riverside** at UNLV Invitational (Las Vegas, Nev.)

#### Friday, September 28

**UC Riverside** at Joe Plane Invitational (South Bend, Ind.)

#### Saturday, September 29

**Cal Poly** at Stanford Invitational (Palo Alto, Calif.)  
**Cal State Fullerton** at Mustang Challenge (Santa Clarita, Calif.)  
**Cal State Fullerton** at Roy Griak Invite (St. Paul, Minn.)  
**CSUN** at Capital Cross Challenge (Sacramento, Calif.)  
**UC Davis** at Capitol Cross Challenge (Sacramento, Calif.)  
**UC Irvine** at Capitol Cross Challenge (Sacramento, Calif.)  
**UC Santa Barbara** at Stanford Invitational (Palo Alto, Calif.)  
**Hawai'i** at Capital Cross Challenge (Sacramento, Calif.)

#### Saturday, October 6

**Hawai'i** at Hawai'i Pacific Invitational (Kahukum O'ahu)

#### Saturday, October 13

**Cal Poly** at Wisconsin Pre-Nationals (Madison, Wis.)  
**Cal Poly** at Bronco Invitational (Santa Clara, Calif.)  
**Cal State Fullerton** at Highlander Invitational (Riverside, Calif.)

**CSUN** at Highlander Invitational (Riverside, Calif.)  
**Long Beach State** at Highlander Invitational (Riverside, Calif.)  
**UC Davis** at Bronco Invitational (Santa Clara, Calif.)  
**UC Irvine** at Highlander Invitational (Riverside, Calif.)  
**UC Riverside** at Highlander Invitational (Riverside, Calif.)  
**UC Santa Barbara** at Bronco Invitational (Santa Clara, Calif.)  
**Hawai'i** at Bronco Invitational (Santa Clara, Calif.)

#### Friday, October 19

**Cal State Fullerton** at Titan Invitational (Fullerton, Calif.)  
**Long Beach State** at Titan Invitational (Fullerton, Calif.)  
**UC Riverside** at Titan Invitational (Fullerton, Calif.)  
**UC Santa Barbara** at Titan Invitational (Fullerton, Calif.)

#### Saturday, October 20

**Hawai'i** at Chaminade Invitational (Honolulu, O'ahu)

#### Saturday, October 27

Big West Conference Championship (Brea, Calif.)

#### Saturday, November 3

**UC Davis** at Doc Adams Invitational (Davis, Calif.)

#### Friday, November 9

NCAA West Regional Championships (Sacramento, Calif.)

#### Saturday, November 17

NCAA Championships (Madison, Wis.)

